



Sanjeevani Multipurpose Foundation's

## Dr. Deepak Patil Ayurvedic Medical College & Research Center

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• Affiliated to Maharashtra University Of Health Sciences, Nashik •

Date: 29/09/2023

### Educational Visit Report

**VENUE:** Kaivalya Dham Yoga and Naturopathy Centre, Lonavla.

**DATE:** 29/09/2023

**TIME:** 11.00am to 1.00pm

**Aim :**

- 1) To visit the water Kaivalya Dham yoga and naturopathy Centre, Lonavla.

**Objectives:**

- 1) To learn about yoga and its importance in Swasthviritta and Yoga (Preventive and social medicine).
- 2) To collect information about Nisargaupchara. (Naturopathy Treatment).

**Decription:**

Students of Dr. Deepak Patil Ayurvedic Medical college BAMS Third year (60 Students) along with respective teaching facilities visited Kaivalya Dham After reaching there, they were made familiar with environment and told to maintain the decorum of kaivalya Dham. After this the students reached the hall and were made to see a documentary on how this centre has been working flawlessly from over 100 years. Thereafter the students were guided with information about yoga, Naturopathic Treatment and its importance in Swasthviritta (Preventive and social medicine). Afterwards students were allotted to take a look of the ancient Library of water Kaivalya Dham with had numerous books related to Ayurveda literature etc.

After lunch student along with respective faculties also, the whole event was Guided by Principal Dr. Nitin Tatpuje, Managing Director Dr. Smita Patil, Swasthviritta Department HOD Dr. Manoj Desai and Assistant Professor Dr. Sayali Sankpal, for which the students were thankful.

Assistant Professor  
**SWASTHVRITTA & YOGA**  
Dr. Deepak Patil Ayurvedic Medical  
College & Research Center, Borpadale

HOD  
**SWASTHVRITTA & YOGA**  
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Principal  
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# Naturopathy Centre

